

 **Suggested pregabalin reduction for chronic pain**

**Reduction Plan A – 50mg per month reduction, 50mg night time reduction.**

Please note: A medication reduction should be a shared decision between patient and clinician.  This should be documented in the patients notes and should include drug being reduced, rate of reduction (e.g. weekly, monthly) and dose to be reduced at each step.  A pause in the reduction may be required.   It is important to ensure the patient knows what withdrawl symptoms they may experience and when to seek medical help.

Do NOT attempt a reduction for any patient who has been prescribed Pregabalin for epilepsy. Pregabalin started for any mental health condition should be carefully considered by the MDT team which may include consulting secondary care for advice before reducing.

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| **Stage** **Each Stage = 28 days** | **Morning Dose** | **Evening Dose** | **Monthly Prescriptions** |
| **1** | 300mg | 300mg  | 56 x 300mg caps |
| **2** | 300mg | 250mg | 28 x 300mg caps28 x 200mg caps28 x 50mg caps |
| **3** | 250mg | 250mg | 56 x 200mg caps56 x 50mg caps |
| **4** | 250mg | 200mg | 56 x 200mg caps28 x 50mg caps |
| **5** | 200mg | 200mg | 56 x 200mg caps |
| **6** | 200mg | 150mg | 28 x 200mg caps28 x 150mg caps |
| **7** | 150mg | 150mg | 56 x 150mg caps |
| **8**  | 150mg | 100mg  | 28 x 100mg caps28 X 150mg caps |
| **9** | 100mg | 100mg | 56 x 100mg caps |
| **10** | 100mg | 50mg | 28 x 100mg caps28 X 50mg caps |
| **11** | 50mg | 50mg | 56 X 50mg caps |
| **12** | 50mg  |  | 28 X 50mg caps |
| **END OF REDUCTION** |