**Reduction Plan A – 50mg per month reduction, 50mg night time reduction.**

Dose Changes should be individualised to the person, and made not more than frequently than weekly.

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| --- | --- | --- | --- |
| **Stage**  **Each Stage = 28 days** | **Morning Dose** | **Evening Dose** | **Monthly Prescriptions** |
| **1** | 300mg | 300mg | 56 x 300mg caps |
| **2** | 300mg | 250mg | 28 x 300mg caps  28 x 200mg caps  28 x 50mg caps |
| **3** | 250mg | 250mg | 56 x 200mg caps  56 x 50mg caps |
| **4** | 250mg | 200mg | 56 x 200mg caps  28 x 50mg caps |
| **5** | 200mg | 200mg | 56 x 200mg caps |
| **6** | 200mg | 150mg | 28 x 200mg caps  28 x 150mg caps |
| **7** | 150mg | 150mg | 56 x 150mg caps |
| 8 | 150mg | 100mg | 28 x 100mg caps  28 X 150mg caps |
| 9 | 100mg | 100mg | 56 x 100mg caps |
| 10 | 100mg | 50mg | 28 x 100mg caps  28 X 50mg caps |
| 11 | 50mg | 50mg | 56 X 50mg caps |
| 12 | 50mg |  | 28 X 50mg caps |
| **END OF REDUCTION** | | | |