

Dear Colleague,

As you have probably now heard Humankind and The Well will be delivering the Cumbria Addiction Service in Cumbria, taking over from Unity, from 1 October 2021. The new service will be called Recovery Steps Cumbria.

We have many years of experience providing clinical drug and alcohol treatment services across the country and are looking forward to bringing this expertise to the area and working with you to support people across Cumbria. The safety of the people that access or need to access the service is our top priority, particularly during the transfer period, and want to reassure you that there will be very little change to the service for the first couple of months. Please see below details about how to get in touch with the service:

01900 512300 Referrals@recoverystepscumbria.org.uk

We will be operating from the following locations:

- 1st Floor Stocklund House, Castle Street, Carlisle CA3 8SY
- 92-96 Duke Street, Barrow-in-Furness, Cumbria LA14 1RD
- 6 Finkle Street, Workington, Cumbria CA14 2AY
- 21b Lowther Street, Whitehaven, Cumbria CA28 7DG
- Community venues and GP practices in Penrith and Kendal

The service will be supporting people who misuse, abuse or are addicted to, and/or are recovering from, a substance or activity that has a negative impact on their and/or other's safety, health and wellbeing. If you are working with anyone that you think would benefit from our support, please complete the referral form. However, please note that the service will be providing a reduced and prioritised service throughout October to allow time for the transfer of staff, induction and training. We would therefore be grateful if you could only refer clients at risk of significant harm during October.

Any person who identifies as having a support need can access the service. The service adopts a no wrong door approach to access and the level of treatment delivered will be individualised to the persons needs

The team and I are looking forward to working with communities across the county and supporting people to recover.

About Humankind

Humankind is committed to reducing deprivation and exclusion and to improving people's wellbeing. We have over 1,400 staff and around 100 volunteers providing services for over 76,000 people. Our specialist services include substance use, clinical, employment training and education, housing services, housing support and health, young people and families' services.

About The Well

The Well give support to people recovering from drug and alcohol addiction through therapy, counselling, peer mentoring, employment training and social activities. They are at the heart of the recovery community in north Lancashire and Cumbia, and keep growing.

Best wishes,

Steve James

North West Regional Director

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