

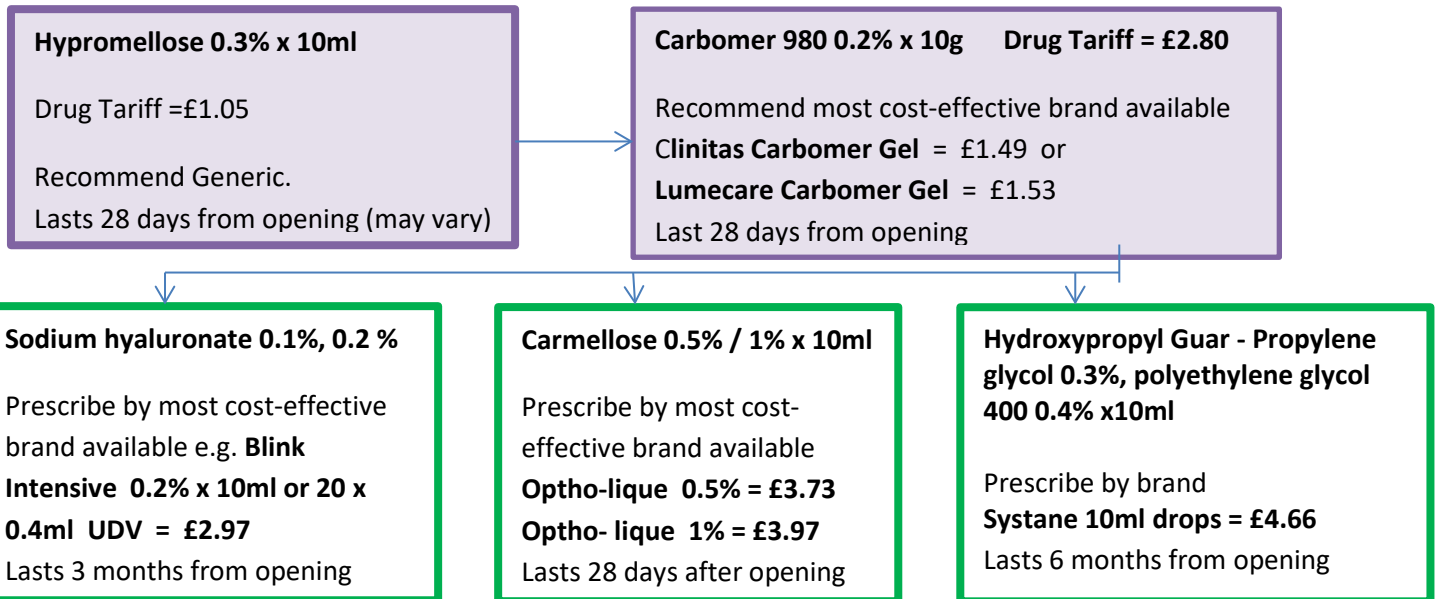
*All prices are NHS Indicative prices (**not retail price**) and are correct according to October 2020 Drug Tariff

 Options shaded in purple are recommended for mild dry eye and should be considered self-care under NHSE guidance

 Options in green should be considered first line choice for prescribing in moderate dry eyes

For all Patients: Provide Dry Eyes leaflet (www.nhs.uk). Review preventative factors and ensure patient aware. Recommend regular use of a hot (not boiling) compress and lid hygiene for appropriate cases - especially where there is any Meibomian Gland Dysfunction (patient leaflet at Association of Optometrists (aop.org.uk)).

Patient with NO known Preservative Allergy:



If dry eye symptoms at night then consider adding an ointment preparation such as **HydraMed Night** (retinol palmitate 250 units/g, white soft paraffin, light liquid paraffin, liquid paraffin, wool fat) **5g = £2.32**
Lasts 90 days from opening

Patients who need Preservative Free treatment :

For patients with: True preservative allergy, evidence of epithelial toxicity from preservatives, soft contact lens wearers and long term topical treatment using drops more than 4-6 times daily (**UDV = Unit Dose Vials**)

Hypromellose 0.3%
Evolve Hypromellose 10ml = £1.98
Expires 90 days after opening

Carbomer 980 0.2%
Viscotears 2mg/g 30 X 0.6ml UDV
Drug Tariff = £5.42

Sodium Hyaluronate 0.1%, 0.2% **Carmellose 0.5%/ 1%**
e.g. **Celluvisc 0.5%** 30 x 0.4ml UDV
Hydramed 0.2% 10ml bottle or Drug Tariff= £4.80
30 x 0.5ml UDV =£5.60
Celluvisc 1% 30 x 0.4ml UDV
Evolve HA 0.2% Drug Tariff = £3.00
10ml bottle = £5.99
All above have 3 month expiry

Hydroxypropyl Guar -
Systane UDV 28 x 0.5ml = £4.66 **Ointment preparations:**
HydraMed 5g = £2.32

Refer to secondary care ophthalmologist if symptoms persist or do not respond 3 different drops for 4-6 weeks each. The above recommendations do not include drops which are **Green+**, which may be prescribed on recommendation.