

County Durham and Darlington

Do Not Prescribe List

(Drugs classed as “Not Approved” on the formulary)

Sept 2016

The following medicines have been deemed **not suitable** for prescribing for adults and children in primary or secondary care within County Durham and Darlington.

This includes all medicines classified in the BNF as ‘not NHS’ or that are considered by the ‘Joint Formulary Committee’ of the British National Formulary (BNF) as less suitable for prescribing. It also includes those medicines included within the NICE “Do not do” list, Decisions for inclusion of medicines on the list have been made on the basis of safety, efficacy and cost-effectiveness of the product.

This list applies to new initiations only and existing historical prescribing should be reviewed on individual patient basis if clinically appropriate. Any items for consideration for the list should be submitted to the CD&D Formulary Subgroup.

BNF Chapter	Medicine	Rationale	Supporting information
Chapter 1 Gastrointestinal	Liquid Paraffin Oral Emulsion	Not a cost effective use of NHS resources	BNF: less suitable for prescribing
	Liquid paraffin with magnesium hydroxide	Not a cost effective use of NHS resources	BNF: less suitable for prescribing
	Kaolin & Morphine	Not a cost effective use of NHS resources	BNF: less suitable for prescribing
	Kaolin	Not a cost effective use of NHS resources	BNF: less suitable for prescribing
Chapter 2 Cardiovascular	Cilostazol (Pletal®)	Poor evidence base	NICE: TA223
	Diuretics with Potassium	There is sufficient concern over safety that it is not appropriate to be prescribed due to K+ supplements increasing levels.	BNF: Diuretics with potassium
	Inositol Nicotinate (Hexopal®)	Poor evidence base	NICE: TA223

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	Oxerutins	Poor evidence base	BNF: less suitable for prescribing
	Moxisylyte (Opilon®)	Poor evidence base	CKS: Raynaud's Phenomenon
	Pentoxifylline (Trental®)	Poor evidence base	NICE: TA223
	Simvastatin/ ezetimibe combination product (Inegy®)	Not a cost effective use of NHS resources	NICE: TA132
	Trandolapril/ verapamil combination product (Tarka®)	Not a cost effective use of NHS resources	eMIMS: deleted products 2014
	Co-flumactone		BNF: less suitable for prescribing
	Guanethidine	No longer recommended.	BNF – no longer recommended
	Etamasylate	Less effective than other treatments in the management of heavy menstrual bleeding.	BNF: less suitable for prescribing
	Doxazosin MR	No good evidence of increased benefit over immediate release doxazosin. Both formulations provide effective blood pressure control and are effective at controlling the symptoms of BPH and improving maximum urinary flow rate. • Half-life of immediate release doxazosin is about 22 hours, allowing once daily dosing.	PrescQIPP DROP List
	Perindopril arginine	No benefit of evidence over generic perindopril erbumine and it costs more.	PrescQIPP DROP List

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	Aliskiren	Not cost-effective compared to other antihypertensives. NICE CG127 states that there is insufficient evidence of its effectiveness to determine its suitability for use in resistant hypertension.	PrescQIPP DROP List NICE CG127
Chapter 3 Respiratory System	Levocetirizine (Xyzal®)	Not a cost effective use of NHS resources.	CKS: Allergic Rhinitis
	Roflumilast (Daxas®)	Poor evidence base.	NICE: TA224
	Cough and Cold remedies (incl local anaesthetic throat lozenges)	Not a cost effective use of NHS resources.	PrescQIPP DROP List
	Ciclesonide	There are alternative inhaled corticosteroids available at a lower cost. Lack of long-term data on clinical outcomes.	
Chapter 4 Central Nervous System	Cannabis extract (Sativex®)	Poor evidence base. NTAG – not recommended for use for the treatment of spasticity due to MS.	NICE NTAG
	Co-careldopa intestinal gel (Duodopa®)	Not a cost effective use of NHS resources.	NHS Commissioning Board : Duodopa policy statement DC43
	Codeine and aspirin combination product (Co-codaprin®)	Poor evidence base. This preparation does not allow for effective dose titration and the advantages of using a compound formulation have not been substantiated. There is no instance where this product is appropriate to use from a safety or efficacy point of view, over existing treatments.	BNF: less suitable for prescribing
	Co-proxamol	Safety concerns	BNF: Compound

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			Analgesic Preparations
Ergotamine containing products (Migril)	Safety concerns. NICE: Do not Do recommendation: Do not offer ergots or opioids for the acute treatment of migraine. NICE: Do not Do recommendation: Do not offer paracetamol, NSAIDS, opioids, ergots or oral triptans for the acute treatment of cluster headache.		NICE BNF: less suitable for prescribing
Meprobamate	Safety concerns		BNF: meprobamate
Oxycodone/naloxone MR tablets (Targinact®)	Poor evidence base and not a cost effective use of NHS resources. Trials have only compared with standard-release oxycodone not with other strong opioids such as morphine with regular laxatives. There is no data showing that combine oxycodone and naloxone reduce the need for laxatives in the long-term.		PrescQIPP DROP List
Paracetamol and tramadol combination product (Tramacet®)	Not a cost effective use of NHS resources This combined preparation has both drugs at lower than suggested dosages and is also more expensive than the separate components.		PrescQIPP DROP List
e-Voke® electronic inhaler	The Northern (NHS) Treatment Advisory Group does not recommend the use of e-Voke® as a stop smoking aid on the NHS.		NTAG
Isocarboxazid			BNF: less suitable for prescribing
Tranlycypromine			BNF: less suitable for

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			prescribing
	Clomipramine (Anafranil SR®)		BNF: less suitable for prescribing
	Dosulepin	NICE CG90 for depression in adults states: “Do not switch to, or start, dosulepin because evidence supporting its tolerability relative to other antidepressants is outweighed by the increased cardiac risk and toxicity in overdose.”	BNF: less suitable for prescribing PrescQIPP DROP List
	Promazine		BNF: less suitable for prescribing
	Pentazocine		BNF: less suitable for prescribing
	Flurazepam		BNF: less suitable for prescribing
	Chloral hydrate (insomnia)		BNF: less suitable for prescribing
Chapter 5 Infections	Ketoconazole (for oral administration)	Safety concerns	MHRA: Drug Safety Update
	Methenamine		BNF: less suitable for prescribing
	Antifungal nail paints e.g. amorolfine nail lacquer	Systemic treatments are more effective.	PrescQIPP DROP List
	Minocycline for acne	Not consider 1st line tetracycline for acne and increased risk of side-effects.	PrescQIPP DROP List NICE KTT11
	Malaria prophylaxis	Not prescribable on the NHS.	

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Chapter 6 Endocrine System	Chlorpropamide	Safety concerns.	CKS: Type 2 diabetes
	Gliclazide MR (Diamicon MR®)	Not a cost effective use of NHS resources.	BNF note: equivalent therapeutic effect to standard prep
	Prednisolone EC tablets	Poor evidence base.	UKMI Q&A: Is there any evidence to support the use of enteric coated (EC) over uncoated prednisolone tablets?
	Alendronate plus Vitamin D (Fosavance®)	Not a cost effective use of NHS resources. No convincing randomised controlled evidence of benefits over existing bisphosphonate therapy.	NICE- TA161 CKS- osteoporosis
	Liothyronine (Tri-iodothyronine) thyroid extract, Armour thyroid preparations	Poor evidence base. There is no robust evidence for the use of liothyronine either alone or in combination with levothyroxine, and it is not licensed for longterm use.	Royal College of Physicians position statement: The diagnosis and management of primary hypothyroidism PrescQIPP DROP List
	Testosterone patches (Intrinsa®)	Poor evidence base	EMA Public Statement: Intrinsa (testosterone): Withdrawal of the marketing authorisation in the European Union
	Yohimbine	Poor evidence base and safety concerns	

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	Tolvaptan for hyponatraemia	Not routinely commissioned.	NHS England
	Teriparatide (atypical fractures)	NTAG does not recommend the use of teriparatide for the treatment of bisphosphonate induced atypical fractures due to lack of evidence and concerns around cost-effectiveness.	NTAG
	Hydrocortisone sodium phosphate (Efcortisol®)	Paraesthesia and pain may follow intravenous injection.	BNF: less suitable for prescribing
	Ibandronic acid (Bonviva®)	Once monthly preparation – unclear whether advantageous	
Chapter 7 Obstetrics, gynae and urinary tract disorders	Bethanechol		BNF: less suitable for prescribing
	Tadalafil once daily	Not recommended as not cost-effective in most patients.	PrescQIPP DROP List
	Dapoxetine	NTAG does not recommend the use of dapoxetine for premature ejaculation because of concerns around cost-effectiveness, lack of long-term safety data and lack of any published active comparator trials.	NTAG
Chapter 8 Malignant disease and immuno- suppression	Fulvestrant	Poor evidence base and not a cost effective use of NHS resources	NICE TA239
	Siplucec-T		NICE TA
Chapter 9 Nutrition and blood	Cod liver oil capsules	Poor evidence base	NHS Choices: Supplements who needs them
	Calcium 500mg and	Not a cost effective use of NHS resources	CKS: sub-therapeutic

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	coleciferol 200units (e.g. Calcichew D-3, Calcium & Ergocalciferol Tablets)	A daily dose of 800 units of vit D is required to prevent fractures.	dose for fracture prevention
	Iron – all modified release iron preparations	Poor evidence base	BNF: No therapeutic advantage and should not be used
	Multivitamin and mineral preparations for the management of age- related macular degeneration (ARMD) e.g. Icaps, Occuvite preservision, Preservision lutein, Viteyes original plus-lutein, Ocuville lutein, Visionace, Vitalux-plus)	Poor evidence base. No data to support use in prevention of AMD.	NTAG
	Gamolenic Acid/ Starflower oil (Epogam®) and Efamast®)	Poor evidence base	
	Vitamin B Compound	Alcohol-use disorders: diagnosis and management of physical complications NICE CG100 only includes the use of thiamine.	BNF: less suitable for prescribing BNF
	Spatone - iron-rich spa water from the mountains of Snowdonia	Poor evidence base	

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Chapter 10 Musculo-skeletal and joint diseases	Glucosamine (+/- chondroitin)	Poor evidence base. NICE CG177: Do not Do recommendation: Do not offer glucosamine or chondroitin products for the management of osteoarthritis.	NICE CG177
	Diclofenac & Misoprostol combination product (Misofen® and Arthrotec®)	BNF recommends a higher starting dose of misoprostol for prophylaxis against NSAID induced GI ulceration that that provided by combination preparations.	BNF: less suitable for prescribing BNF
	Naproxen & esomeprazole combination product (Vimovo®)	Not a cost effective use of NHS resources	CKS: Proven GORD
	Synovial fluid injections including Hyaluronan and sodium hyaluronate injection	Poor evidence base. NICE Do not Do recommendation: Do not offer intra-articular hyaluronan injections for the management of osteoarthritis.	NICE
	Apremilast	No recommended by NICE for psoriatic arthritis or for moderate to severe plaque psoriasis.	
	Methocarbamol	Not cost effective use of NHS resources, deemed less suitable for prescribing in BNF.	BNF: less suitable for prescribing BNF
	Rubefacients (Topical rubefacient products may contain nicotinate and salicylate compounds, essential	Poor evidence base	NICE do not do: Do not offer rubefacients for treating osteoarthritis BNF (2016): The evidence available does

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	oils, capsicum, and camphor. However, topical NSAID preps or Capsaicin preps are not rubefacients)		not support the use of topical rubefacients in acute or chronic musculoskeletal pain PrescQIPP DROP List
Chapter 13 Skin	Lanolin cream (Lansinoh HPA®)	Not a cost effective use of NHS resources	Cochrane Review 2014: Interventions for treating painful nipples among breastfeeding women
	Molludab (potassium hydroxide 5%) topical solution for the treatment of molluscum contagiosum	Poor evidence base	CKS: Molluscum contagiosum
	Idoxuridine in dimethyl sulfoxide (Herpid®)	Poor evidence base	No evidence to support use
	Silk garments (Dermasilk®, Dreamskin®, Skinnies Silk®)	Poor evidence base	UKMI 2014: Silk garments for eczema/atopic dermatitis
Chapter 14 Immunological products and vaccines	Travel vaccines not prescribable on the NHS e.g. hepatitis B, Japanese encephalitis, tick-bourne	Patients should be charged privately for all travel vaccines not prescribable on the NHS.	

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	encephalitis, rabies, yellow fever, meningitis, tuberculosis		
Misc	Infantile Colic products e.g. Colief, Infacol	Poor evidence base	BNF Appendix 2.5 NICE CKS – Colic – infantile (Nov 2014): Lactase drops PrescQIPP DROP List
	Bio Oil	Poor evidence base. More cost effective preparations available	
	Herbal supplements and Homeopathy	Poor evidence base	PrescQIPP DROP List

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