

Prescribing guidelines for stoma (Adult) in Sunderland and South Tyneside

Appropriate quantities for stoma products

Requests for supply from appliance contractors without recommendation from specialist stoma care nurse (SCN) should **not** be accepted. If patient is requesting greater quantities than defined, this is permissible if sanctioned by a specialist stoma care nurse.

Appliance	Quantity /month	Directions	Normal usage	Notes
Colostomy bags	30-90 bags	Remove and discard after use	1-3 per day	Not reusable. Can be 1 or 2 piece
Ileostomy bags	15-30 bags	Drain as required. Use new bag every 1-3 days	1 every 1 to 3 days	Drainable. Can be 1 or 2 piece
Urostomy bags	20-30 bags	Drain as required. Use new bag every 1-3 days	1 every 1 to 3 days	Drainable. Can be 1 or 2 piece. Requires additional night bag
Night drainage bags	4 bags (1 box of 10 bags every 2-3 months)	Use a new bag every 7 days	1 per week	Drainable. Rinse as directed by stoma care nurse
Flange (for 2 piece system)	15 flanges	Change every 2-3 days	1 every 2 to 3 days	The flange is not changed at every bag change
Bag belts	3-6 per year	Usage may vary	Variable	Washable and reusable
Adhesive remover spray	2-3 cans/ month	Depends on product	2-3 per month	
Stoma caps	15 caps per month	Change every 2-3 days	1 every 2-3 days	Used over a mucous fistula and in conjunction with colostomy irrigation
Nephrostomy devices	4-8 per month	As directed	1-2 per week	
Barrier creams/skin protective wipes	On advice of SCN and short term use only. If patient requests without SCN recommendation please refer patient			
Pastes/skin fillers				
Powders				
Belts				
Flange extenders or retention strips	On advice of SCN only. SCN to advise appropriate quantities and frequency on recommendation			
Protective rings				
Discharge solidifying agents				
Protective wafers				
Support underwear	On advice of SCN only for parastomal hernia support			
Deodorants	Not to be prescribed in Sunderland or South Tyneside			
Skin washes and bag covers				
Gauze and wet wipes				

Advice on patients who exceed quantities outlined above

Patients who exceed quantities outlined above should be referred back to the specialist who last reviewed them. Specialists can be contacted on the details below:

Location	CHS	CHS	Primary care S'land	STFT	Primary care ST
Specialty	Colostomy/Ileostomy	Urostomy/Nephrostomy	All patients	All patients	All patients
Name	Maralyn Boyd Susan Rodda Rosemary Jobling	Liz Davies	Katie Sewell	Jane Barnes	Sandra Hall
Contact details	Sunderland Royal SR4 7TP Tel: 0191 5656256 Ext.47221 Fax: 0191 5699891	Mobile:07808350433 Office: 0191 699041 Fax: 0191 5410558	Work mobile: <insert> Email: <insert>	South Tyneside District Hospital 0191 4041000 (ext 2908)	07515062684

Process for recommendation of new products

Products should only be recommended by a specialist SCN. Products requested which have not been recommended by specialist stoma care nurses should **not be accepted**.

Specialist stoma care nurse reviews patient in secondary care or community setting and recommends new product

Patient issued with appropriate amount of product from stoma care nurse in secondary care or community setting

Recommendations are made in letter and sent to GP surgery (example below)

CURRENT PRODUCTS	Quantity per month	Issue acute or repeat
Pelican healthcare ltd select convex ileostomy bag	15	Repeat
CD Medical Peel Easy 50ml spray	3 cans	Repeat
Ostomart Ostoguard barrier cream	1x60g	Acute issue x1
STOPPED PRODUCTS		
Medicareplus International Ltd Medi Derma-S barrier cream		Discontinue
Medicareplus International Ltd Medi Derma-S barrier film aerosol		Discontinue

Practice to ensure appropriate set up on EPS/DACS (see appendix 1 and 2 for information on how to set up EPS nomination)

Practices to ensure allocated to repeat or acute as appropriate

For stable patients a 2 month supply is appropriate

Dispensing contractors/pharmacies

A full list of dispensing appliance contractors can be found at:
<http://www.nhs.uk/Service-Search/pharmacies/appliancepharmacies>

A full list of pharmacies can be found at:
<http://www.nhs.uk/Service-Search/Pharmacy/LocationSearch/10>

Annual review

Every patient should have an annual review.

Service arrangements

New Patients

- All new patients discharged from hospital are given the choice of having their stoma prescriptions supplied by either a dispensing appliance contractor (DAC) or through a local community pharmacy. The patient has the right to change whoever dispenses their products at any time.
- On discharge from hospital, all patients should be supplied with a minimum of 14 day supply of stoma products.
- Following discharge, patients are reviewed by the stoma care specialist nurses (within one week) on a fortnightly basis for four visits (dependent on patient needs). This is because the stoma will be oedematous for the initial 6-8 weeks following surgery and will reduce and change in shape during this time, therefore products may need to be changed accordingly during this period. GP practices will only be notified of the prescription the patient requires, once the Stoma Care Nurse Specialists are satisfied that the product will be that prescribed longer term.
- Where a 3rd party dispensing supplier is used, patients should be made aware that the supplier is a non-NHS organisation and provide informed consent for their personal data to be shared
- Requests for prescriptions should come the patient, their carer or their nominated representative
- Prescriptions should only be ordered by a DAC or a pharmacy contractor in exceptional circumstances
- All communications from secondary care regarding recommendations for stoma products will contain the code of the product to be used, to enable prescribers to select the appropriate item from their prescribing systems.
- All patients are advised to allow two weeks for their prescription to be generated and dispensed by either a DAC or local community pharmacy to allow for raising a prescription and dispensing to occur whilst the patient still has sufficient supplies.

Existing Patients

- It is recommended that patients with a stoma have their care reviewed every 6-12 months, or sooner if there are problems.
- This review should be completed by the CHS/STFT Stoma Care Nurse Specialists or SCCG community stoma nurse or ST community nurse.

Prescribing of Appliances

- The choice of stoma appliance is specific to patient needs, and therefore the choice of product for patients is unrestricted to allow for the most appropriate product to be supplied.
- Guidance on the quantities which are expected to be used by patients is contained in Appendix 3 and should be used to ensure that stoma appliances are supplied in appropriate amounts.

Prescribing of Accessories

- Stoma accessories should not be routinely required for patients with a stoma.
- Most accessories are only required for short periods of time to combat a specific problem associated with a stoma and once resolved, the accessory is no longer needed.
- A list of accessories with usual quantities and preferred brands and have been developed for use locally and are available in Appendices 4 and 5.

Flange cutting

- All pre-cut stoma products are circular. Some stomas are irregularly shaped and therefore there is a requirement for pouches to be cut to an individual template.
- DAC's offer a bespoke cutting service. This is often a reason why an individual may choose their service.
- Not all community pharmacies may offer a cutting service. They should be contacted on an individual basis to confirm

Bags and wipes

Both DACs and community pharmacies are required to supply bags and wipes when dispensing stoma appliances and are reimbursed for the supply of these items when they dispense these products.

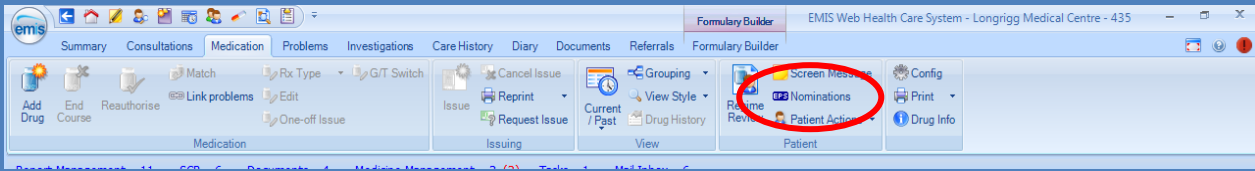
Formulary

Stoma bags (pouches), flanges or belts need to be individually tailored and hence cannot be included in a formulary. For these prescriptions, GP practices should check the product has been recommended by a SCN and ensure the quantities being requested are reasonable (as per page one)

Accessories	Company	Recommended products	Code	Quantity	Cost
Adhesive remover spray	CD Medical	Peel Easy 50ml spray	300714	50ml	£7.10
	Dansac	EasiSpray adhesive remover spray	083-01	50ml	£6.62
	Salts	Salts adhesive remover	WAP	50ml	£6.68
	Respond healthcare ltd	Ostomart OstoPEEL No sting medical adhesive remover spray	OPN50	50ml	£6.67
Adhesive remover wipes	Salts healthcare	Salts adhesive remover wipes	WAP2	30 wipes	£8.72
	Respond healthcare ltd	OstoCLEAR adhesive remover wipe	MRW1	30 (box)	£9.30
Barrier creams	Aspen Medical Europe	Sorbaderm Barrier Cream	3028	92g	£6.98
	Ostomart	Ostoguard Barrier Cream	RMC1	60g	£4.99
Belts	As per appliance	Use belts with recommended product only			
Discharge solidifying agents	Not routinely recommended				
Flange extenders/retention strips	Patient specific as recommended by SCN				
Powders	Not routinely recommended				
Protective rings	Not routinely recommended				
Protective wafers	Not routinely recommended				
Skin fillers (pastes)	Not routinely recommended				
Skin protective wipes	Salts	Periprep Sensitive	PPS1	50 wipes	£15.47
	CD Medical	Clinifilm Skin Protective wipe	300718	30 wipes	£19.50

Appendix 1 – Setting up a DACS/EPS nomination in EMIS web

Within EMIS web, EPS nominations are selected or adjusted from within the medication screen by clicking on the Nominations button



This then brings up the selection box. The 2nd one down is the appliance contractor. Click Find.

The screenshot shows a selection box with three rows: 'Primary' (Rowlands Pharmacy), 'Appliance' (none), and 'Dispensing Doctor' (none). The 'Find' button next to the 'Appliance' row is highlighted with a red circle. There are also 'Remove' and 'OK' buttons.

The list of available appliance contractors is then displayed. If a particular one is not listed then try changing the postcode to the postcode of the appliance contractor (it automatically displays the patient postcode). Highlight the one you want and click OK

The screenshot shows the 'Dispensing Contractor Search' dialog box. It contains search criteria for Name, Postcode (NE10 8EJ), Street, and Town. Below the search criteria is a table of available contractors. The 'OK' button is highlighted with a red circle.

Code	Name	Address	Tel	Distance
FLJ41	Salts Medilink	28-30 Leazes Park Road, Newcastle Upon Tyne, NE1 4PG.	0191 2326538	3.54km
FT468	Bca Direct Limited	Unit 6 Waverley, Market Dock, Long Row, Tyne And Wear, NE33 ...	0800 854753	5.28km
FJM24	Amcare Ltd	398 Pallon Way, Pallon Trading Estate, SR4 6SN.		5.47km
FE401	B Braun Medical Ltd	Holmlands Buildings, Tunstall Road, Tyne & Wear, SR2 7RR.	0800 163007	7.13km
FAA96	Fittleworth Medical	Unit 7, Glaholm Road, Tyne & Wear, SR1 2NX.	07793 308109	7.61km
FHE90	Fittleworth Medical Limited	5-7 Cheltenham Mount, Harrogate, HG1 1DW.	01423 701073	65.86km
FLE21	Charles S Bullen Stomacare Limited	Unit 5, London Ebor Bus.Pk, Milfield Lane, YO26 6QY.	0800 888501	68.56km
FTL51	Fittleworth Medical Limited	Ground Fl,U4 Concept Crt, Kettlestring Lane, YO30 4XF.	01904 691654	70.73km
FPF56	Fittleworth Medical Limited	Fittleworth House, Rooms 1 & 3, Warton Road, Lancashire, LA5 9...	01524 730743	74.94km
FMV84	Fittleworth Medical Limited	Unit 2, Old Souls Mills, Micklethwaite Lane, BD16 2AN.	01535 690929	75.61km
FTM68	Brunlea Surgical Supplies Ltd	Unit 10, Balderstone Close, Burnley, BB10 2TA.	0800 834712	83.41km
FRQ51	Ostomed Healthcare	Unit 2, Creamery Ind Est, Kenls Road, Lancashire, PR3 1GD.	01995 604309	87.72km
FHC99	Charles S Bullen Stomacare Limited	Unit 8 Silkwood Park, J40 M1, West Yorkshire, WF5 9AD.	0151 2076995	88.28km
FWZ85	Fittleworth Medical Limited	Suite 4, Cottam Lane, Blackpool Road, Lancashire, PR2 1JR.	01772 724826	94.31km
FND22	Salts Medilink	3 Albion House, Albion Street, HU11 3TF.		96.13km

Appliance Contractor is now displayed at the bottom of the patient medication screen

The screenshot shows the patient medication screen with the 'Appliance' field set to 'Salts Medilink (28-30 LEAZES PARK ROAD, NEWCASTLE UPON TYNE, NE1 4PG)'. The 'Find' button next to the appliance contractor is highlighted with a red circle.

To change or remove, the same process is followed. Use the Find Button to replace the option or Remove to completely take the appliance contractor out.

This screen is then presented. Check appliance contractor details are correct then click OK

The screenshot shows the selection box with the 'Appliance' field updated to 'Salts Medilink' and '28-30 Leazes Park Road, Newcastle Upon Tyne, NE1 4PG.'. The 'OK' button is highlighted with a red circle.

Appendix 2 Impact of having an appliance contractor set in EMIS.

Medicines

Items classified as medicines cannot be sent to appliance contractors and will automatically default to the electronically nominated pharmacy (or print out if no pharmacy is nominated)

For medicines classified as appliances.

Items classed as appliances will automatically be sent to the appliance contractor (if there is no appliance contractor set, these will go electronically to a nominated pharmacy or print out)

Certain items are not appropriate to go to an appliance contractor e.g. creams, drops. These need to be changed manually in EACH patient for EACH drug that this applies to, by unticking the DAC box and saving the changes.

This only needs to be done once for that item, for that patient (not for every script)

If an item is not classified as an appliance, the “Use DAC” option will not be present.

The screenshot displays the EMIS software interface for a prescription. The main form includes fields for Name, Dosage, Quantity, Rx Types, and Authorising Clinician. The 'Use DAC' checkbox is highlighted with a red circle. Below the form, there are tabs for Warnings, Drug Information, Current Medication, Past Medication, Allergies, and Problems. The 'Warnings' tab is active, showing a 'Medium Severity Warning (1)' and a 'Low Severity Warning (1)'. A 'Pack Details' window is open on the right, showing a table of pack sizes, prices, and suppliers. At the bottom, there are buttons for 'Add Another', 'Issue', 'Issue Later', and 'Cancel'.

Descripti...	Price	Supplier
125 gram	£2.90	Alliance Pharmaceuticals Ltd
500 gram	£4.92	Alliance Pharmaceuticals Ltd
1000 gram	£8.20	Alliance Pharmaceuticals Ltd