

## Good Practice Guidance for Care Homes

### Skin Wash and Emollient Administration Record Chart

When using this chart, write 'see Skin Wash and Emollient Record Chart' on main MAR.

**DO NOT DOUBLE RECORD**

<b>Patient Name:</b>		<b>Date of Birth:</b>	
<b>Room No:</b>		<b>Preparation:</b>	
<b>Indication:</b>		<b>Frequency of application:</b>	
<b>Therapy started:</b>		<b>Review Date:</b>	
<b>Chart produced by/date:</b>		<b>Chart checked by/date:</b>	

**Instructions for use for skin wash:** Mix a small amount of product in the palm of the gloved hand (about half to one teaspoonful) with a little warm water, and spread it over damp or dry skin. Rinse and pat the skin dry, but **DO NOT RUB**. The product can be rubbed into the skin and showered or washed off in the bath.

**Instructions for use as Emollient:** apply to the skin in a downward direction of hair growth and leave a thin layer to soak in – this may take 10 minutes. **DO NOT RUB IN**. If other products to be used wait at least 30 minutes

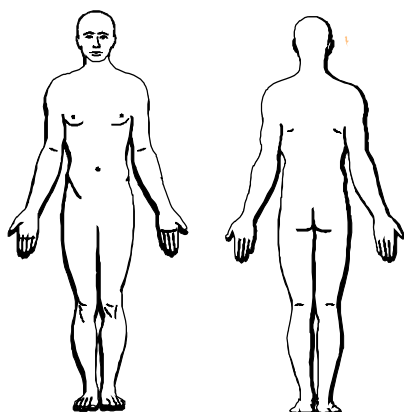
**Additional notes:**

**Record of use of product as a skin wash. Use care plan to record what was washed**

Time	Month																													
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28		

**Record of use of product as an emollient/moisturiser**

Time	Month																													
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28		



Put an 'x' or shade area(s) where application is to be applied.