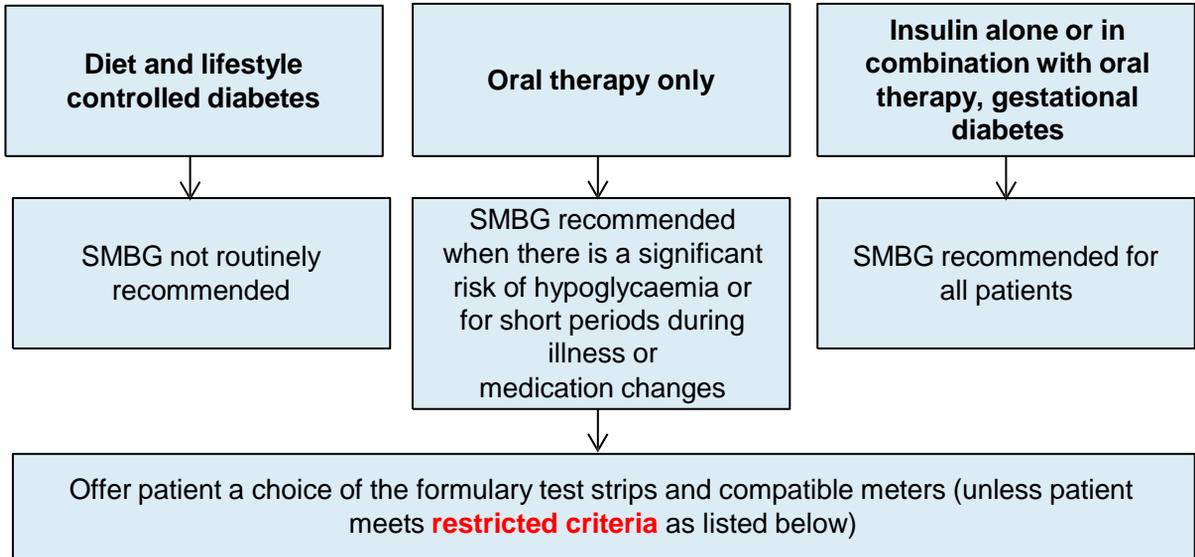


Self-Monitoring of Blood Glucose (SMBG): Selecting an appropriate test strip for people with type 1 and type 2 diabetes (see medicines.necsu.nhs.uk Diabetes Management Guidelines 2017 for further information on monitoring glycaemic control)



CONTOUR® test strips

Compatible with Contour Black meter and microlet lancets (replaces TS as larger memory, uses contour strip)

Medium sized meter that is easy to hold.

Cost per 50 tests **£9.95**

Performa test strips

Compatible with Roche Accu-check Performa Nano meter and Fastclix lancets

Cost per 50 tests **£9.95**

Restricted test strip indications, HATT1E/ DAFNE attended (for initiation by a secondary care specialist or diabetes specialist nurse only):

Gestational, or using an insulin pump

People with type 1 diabetes that count carbohydrates or have an insulin pump

People with type 1 diabetes who monitor blood ketones

Contour® Next

Compatible with Contour Next or Contour Next One meters and Microlet lancets

Cost per 50 tests **£15.04**

Chosen as better accuracy than most meters, exceeds ISO15197:2015 requirements

Freestyle Lite® (use with Omnipod pump)

Compatible with InsuLinX meter and Freestyle lancets, **or**

Accu-Check® Aviva

Compatible with Accu-Check Expert meter and FastClix lancets

Cost per 50 tests **£15.96**

GlucRx HCT and Ketone Meter gives warning to test ketones at gluc >15 mmol/L.

Compatible with GlucRx HCT glucose strips and ketone strips. Compatible with GlucRx Lancets

Cost per 50/10 tests **£9.95/£9.95**

Glucomen Areo 2K compatible with glucomen areo sensors and ketone sensors **£9.95/9.95**. **Not suitable if using Oxygen**

(GlucRx Nexus Voice (GlucRx Nexus strips £9.95) available for the partially sighted)