

# Information Sheet – Rectal Irrigation

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This information sheet is intended for use in primary care

GI Physiology Unit,  
Sunderland Royal Hospital

## Information Sheet – Rectal Irrigation

To Note: Irrigation will only be offered to patients who have failed to respond to lifestyle changes, dietary advice, bowel re-training (biofeedback) and relevant medication.

It can present a saving when compared to laxative use and / or continence aids over 1 year.

### Coloplast Peristeen or MacGregor Quofores System

**\* Recommended for patients beginning irrigation, due to reduced initial cost**

Initial Prescription – 1 x System  
2 x Accessory Kits (Consumables – Catheters, Water Bags)

Depending on frequency of use, the patient will require a maximum of 2 x accessory kits per month and a new System once every 3 months (6 months in patients not using daily)

Costings, 1 year of use: Peristeen £3917  
Quofores £3206

### BBraun IryPump System

**\* Recommended for long term / established irrigation patients, due to reduced cost over 1 year or patients with poor dexterity**

Initial prescription - Electrical Irypump / charger / tubing and cone

Depending on frequency of use, the patient will require replacement tubing / cone every 3 to 6 months

Costings, 1 year of use: £677

Timeline	Actions
Initially	Assessment and teaching appointment. Patients will use the system in the unit and will be provided with a trial system at this point.
Week 1 Review	If they are managing well and achieving some symptomatic benefit, they are registered with the providing company and consumables are ordered.
Week 4 Review	If managing well, they are discharged with a contact number for advice should they need it.
If required, 4 weekly reviews (or more frequently if necessary)	If they require more support at this appointment, they will continue to be reviewed every 4 weeks (or more frequently if necessary) until managing well and achieving good symptomatic benefit.

Following discharge, patients have continued support from both the providing company and the GI Physiology Unit should they have any issues, regardless of how long they have been using the system.

Any irrigation patient attending a GP / practice nurse appointment with queries or issues relating to their irrigation system should be directed back to the department who initially provided the system (in our case, GI Physiology).

Prompts would include recurrence of symptoms or reduced effectiveness of irrigation, difficulty in using system or issues with equipment itself.

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