

Recovery Steps Cumbria

The treatment and recovery service for Cumbria

Recovery Steps Cumbria provides addiction,
drug and alcohol treatment and recovery
services across the county.

When you join the service, you will be
allocated a key worker who will support you
throughout your recovery.



Delivered on behalf of Cumbria
County Council by



The Well



Recovery Steps Cumbria is provided on behalf of Cumbria County Council.

Our aim is to help as many people to recover as possible and reduce the negative impact that is caused to individuals, families and communities.

Our main hubs are located at:

1st Floor Stocklund House, Castle Street, Carlisle CA3 8SY

92-96 Duke Street, Barrow-in-Furness, Cumbria LA14 1RD

21b Lowther Street, Whitehaven, Cumbria CA28 7DG

6 Finkle Street, Workington, Cumbria CA14 2AY

Cochrane Room, South Lakes Foyer,
Yard 95 Stricklandgate, Kendal LA9 4RA

We will also provide services from Penrith at our Satellite Hub located at Eden Rural Foyer, Old London Road, Penrith, CA11 8ET. Please phone in advance to arrange an appointment with a staff member.

Please get in touch to find out more:

01900 512300

Referrals@recoverystepscumbria.org.uk

Scan the QR code to visit our webpage

