

Paediatric doses of inhaled corticosteroids (for children aged 5 to 11 years)

ICS	Dose		
	Paediatric low dose	Paediatric medium dose	Paediatric high dose
Pressurised metered dose inhalers (p MDI)			
Beclometasone dipropionate (BDP)			
Clenil Modulite	50 micrograms One to two puffs twice a day	100 micrograms Two puffs twice a day	200 micrograms Two puffs twice a day
Qvar (extrafine) * Qvar Easi-breathe	50 micrograms One puff twice a day	50 micrograms Two puffs twice a day	100 micrograms Two puffs twice a day
Fluticasone propionate			
Flixotide Evohaler	50 micrograms One puff twice a day	50 micrograms Two puffs twice a day	125 micrograms Two puffs twice a day
Dry powder inhalers			
Beclometasone dipropionate (BDP)			
Qvar Autohaler *	50 micrograms One puff twice a day	50 micrograms Two puffs twice a day	100 micrograms Two puffs twice a day
Budesonide			
Easyhaler	100 micrograms One puff twice a day	100 micrograms Two puffs twice a day	200 micrograms Two puffs twice a day
Pulmicort Turbohaler	100 micrograms One puff twice a day	100 micrograms Two puffs twice a day 200 micrograms One puff twice a day	200 micrograms Two puffs twice a day 400 micrograms One puff twice a day
Fluticasone propionate			
Flixotide Accuhaler	50 micrograms One puff twice a day	100 micrograms One puff twice a day	250 micrograms One puff twice a day
Combination inhalers			
Budesonide with formoterol			
Symbicort Turbohaler	100/6 one puff twice a day **	100/6 two puffs twice a day **	
Fluticasone propionate with formoterol			
Flutiform		50/5 two puffs twice a day	
Fluticasone propionate with salmeterol			
Seretide Evohaler		50/25 two puffs twice a day	
Seretide Accuhaler		100/50 one puff twice a day	

*Not licensed for children under 12 years

** Not licensed for children under 6 years

NB: The manufacturer's SPC and the BNF indicate that 100 micrograms of BDP via Qvar products are approximately equivalent to 200–250 micrograms of BDP in standard particle CFC-free inhalers.

Qvar products do not have UK marketing authorisations for use in children aged under 12 years . Dosages in this table are based on Global Initiative for Asthma (GINA) 2018 recommendations for children aged 6 to 11 years.

Grey = non-formulary

