

## Joint Emollient Formulary MBCCG and UHMB (Oct 18 review Oct 20)

First Line Emollients Formulary Choices	Products not to be prescribed. Use Epimax range equivalent.
<b>LIGHTER</b>	
ZeroAQs (£3.29/500g) <i>SLS free – no pump dispenser</i> Cetomacrogol A (£3.90) – <i>no pump dispenser</i>	Aqueous cream (74p/100g), (£3.70/500g) <i>Should only be used as soap substitute</i>
<b>CREAMY</b>	
<b>Epimax (£2.49)</b> replaces Zerobase (£5.26)	E45 cream (£5.99) <i>Contains Lanolin</i> Zerocream (£4.08) <i>Contains Lanolin</i>
<b>Excetra (£2.95)</b> Replaces Cetraben (£5.99)	Diprobase (£6.32) Oilatum Cream (£5.28)  Epaderm cream (£6.95)  Cetraben (£5.99)
<b>RICH CREAM</b>	
<b>Isomol (£2.92)</b> replaces Zerodouble (£4.90)	Doublebase (£5.83)
<b>COLLOIDAL OATMEAL CREAMS</b>	
<b>Epimax Oatmeal (£2.99)</b>	Aveeno cream (£7.19) Aproderm cream (£5.80) Zeroveen (£5.89)
<b>HEAVIER/GREASIER EMOLLIENTS</b>	
<b>Epimax Oint (£2.99)</b> Replaces Zeroderm	Zeroderm (£4.10)  Epaderm ointment (£6.53) Hydromol ointment (£4.92)
<b>VERY GREASY EMOLLIENT</b>	
LP/WSP 50:50 (£4.57)	

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Antiseptic Emollients	Urea containing emollients AMBER Specialist recommendation only
Dermol cream (£6.63) Dermol 500 lotion (£6.05)	<b>ImuDERM (£6.50)</b> 5% urea replaces Balneum (£9.97)
Eczmol (£3.70/250ml)	Nutraplus (£4.37/100ml) 10% urea
	Flexitol heel balm 70g on dermatologist request or for diabetics with hyperkeratosis (£3.80/75g) <i>Contains Lanolin</i>
<p>When paraffin-containing emollient products get in contact with dressings, clothing, bed linen or hair, there is a danger that a naked flame or cigarette smoking could cause these to catch fire.</p> <p>To reduce the fire risk, patients using paraffin-containing skincare or haircare products are advised to avoid naked flames completely, including smoking cigarettes and being near people who are smoking or using naked flames.</p> <p>It is also advisable to wash clothing and bed linen regularly.</p> <p>Products marked  do not contain paraffin. All other formulary products contain paraffin and are flammable.</p>	

All emollients with the exception of Liquid/White Soft Paraffin 50:50 & QV can be used as a soap substitute

BLACKLISTED PRODUCTS	LNCCG advice on prescribing moisturisers
Aquadrate Balneum Plus Cream E45 itch Eucerin (complete range) Hydromol intensive  All bath oils, shower gels and wash products	Aveeno (complete range) Calmurid Epaderm cream and ointment Hydromol cream
	Patients with dry skin should be advised to buy their emollients over the counter. Emollients on prescription should be restricted to patients who have been diagnosed with a skin condition such as eczema etc ZeroAQS, Zerocream and some Aveeno products are cheaper OTC than on prescription. Zero AQS has no pump dispenser, so a clean utensil should be used each time to dispense