A care system support organisation

Good Practice Guidance for Care Homes

Skin Wash and Emollient Administration Record Chart

When using this chart, write 'see Skin Wash and Emollient Record Chart' on main MAR.
DO NOT DOUBLE RECORD

Persons Name:		**Date of Birth:**	
Room No:		**Preparation:**	
Indication:		**Frequency of application:**	
Therapy started:		**Review Date:**	
Chart produced by/date:		**Chart checked by/date:**	

Instructions for use for skin wash: Mix a small amount of product in the palm of the gloved hand (about half to one teaspoonful) with a little warm water and spread it over damp or dry skin. Rinse and pat the skin dry, but **DO NOT RUB**. The product can be rubbed into the skin and showered or washed off in the bath.

Instructions for use as Emollient: apply to the skin in a downward direction of hair growth and leave a thin layer to soak in – this may take 10 minutes. **DO NOT RUB IN**. If other products to be used wait at least 30 minutes

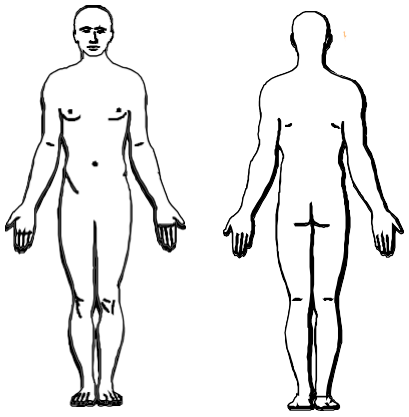
Additional notes:

Record of use of product as a skin wash. Use care plan to record area washed.

	Month																											
Time	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28

Record of use of product as an emollient/moisturiser

	Month																											
Time	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28



Put an 'x' or shade area(s) where application is to be applied.

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