North of England Commissioning Support Unit

# Good Practice Guidance for Care Homes

## Aqueous cream wash chart

**When using this chart, write 'see Aqueous cream wash chart' on main MAR.**
**DO NOT DOUBLE RECORD**

| | | | |
|---|---|---|---|
| **Patient Name:** | | **Date of Birth:** | |
| **Room No:** | | **Preparation:** | |
| **Indication:** | A soap substitute for washing unbroken skin | **Frequency of use :** | |
| **Therapy started:** | | **Review Date:** | |
| **Chart produced by/date:** | | **Chart checked by/date:** | |

**Instructions for use:** Mix a small amount of aqueous cream in the palm of the gloved hand (about half to one teaspoonful) with a little warm water, and spread it over damp or dry skin. **Rinse well** and pat the skin dry, but do not rub. If using whilst showering/bathing the aqueous cream can be rubbed into the skin and showered or washed off in the bath.

**Additional notes: DO NOT** leave aqueous cream on the skin. **DO NOT** use as a moisturiser.

| | Month: | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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| **Time** | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 |
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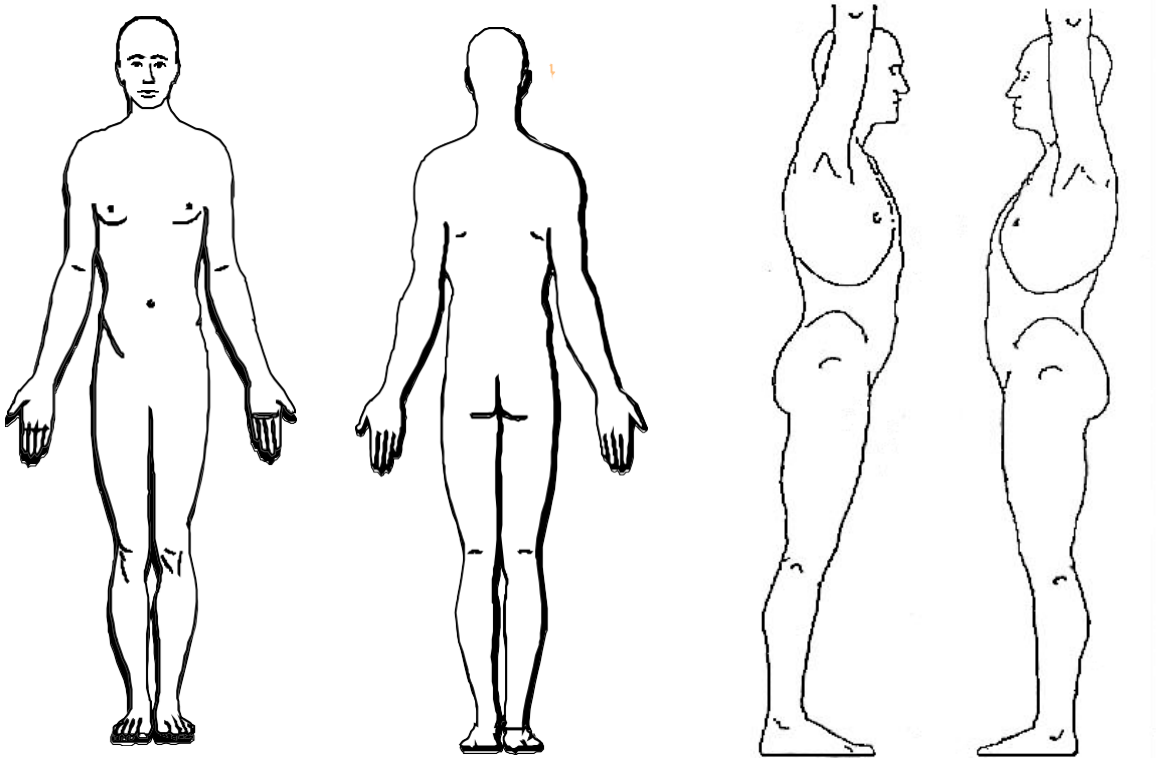
Put an 'x' or shade area(s) where the wash should be used.