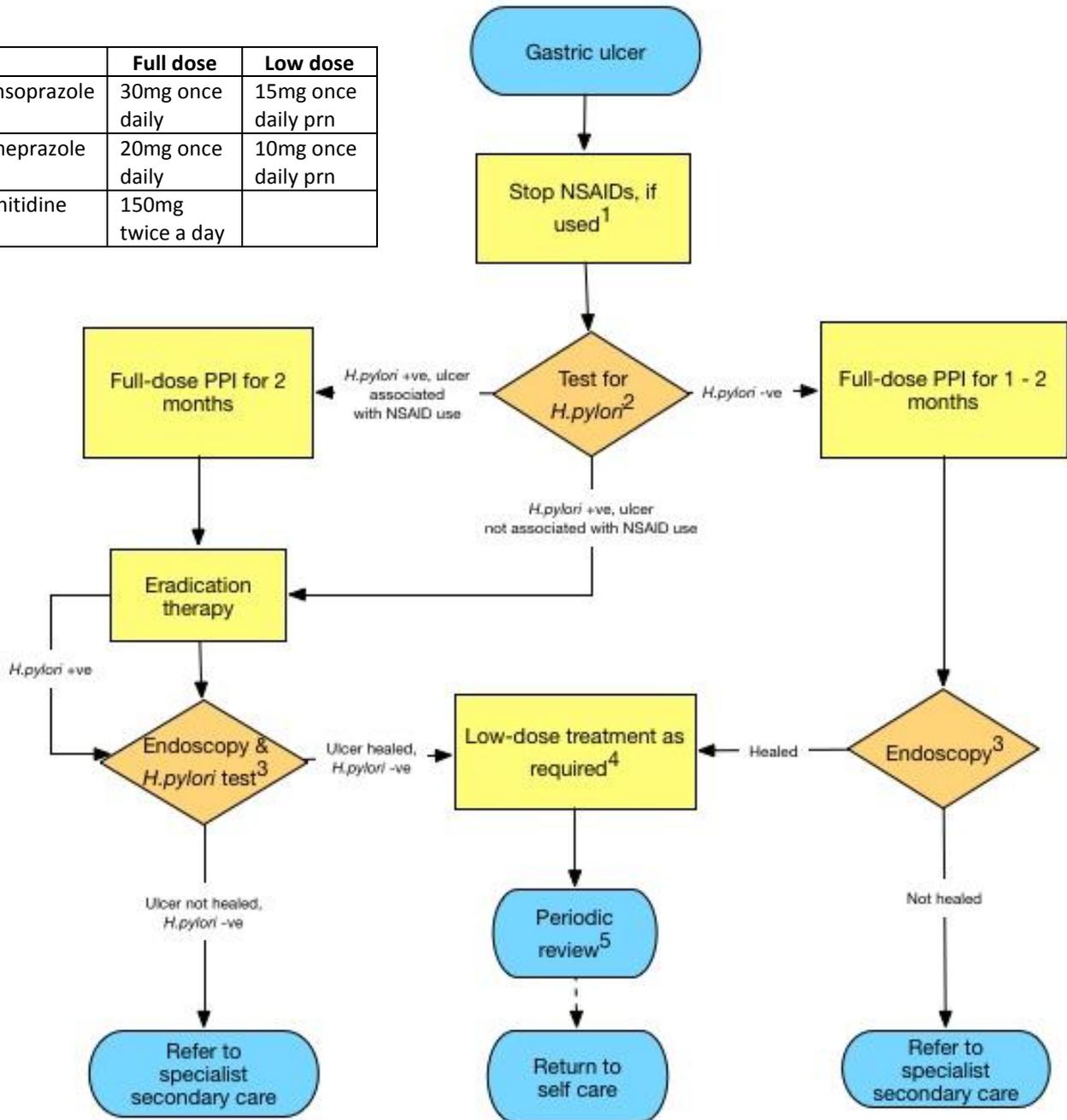


# GASTRIC ULCER

	Full dose	Low dose
Lansoprazole	30mg once daily	15mg once daily prn
Omeprazole	20mg once daily	10mg once daily prn
Ranitidine	150mg twice a day	



1. If NSAID continuation is necessary, after ulcer healing offer long-term gastric protection or consider substitution to a newer COX-selective NSAID.
2. Use a carbon-13 urea breath test or, when performance has been validated, laboratory-based serology.
3. Perform endoscopy 6-8 weeks after treatment. If retesting for H.pylori use a carbon-13 urea breath test.
4. Offer low-dose treatment, possibly on an 'as required' basis.
5. Review care annually to discuss symptoms, promote stepwise withdrawal of therapy when appropriate and provide lifestyle advice. In some patients with an inadequate response to therapy, it may become appropriate to refer to a specialist.

Date prepared: December 2014

Date of review: November 2016

Source: NICE Clinical Guideline 184, Dyspepsia and gastro-oesophageal disease, September 2014