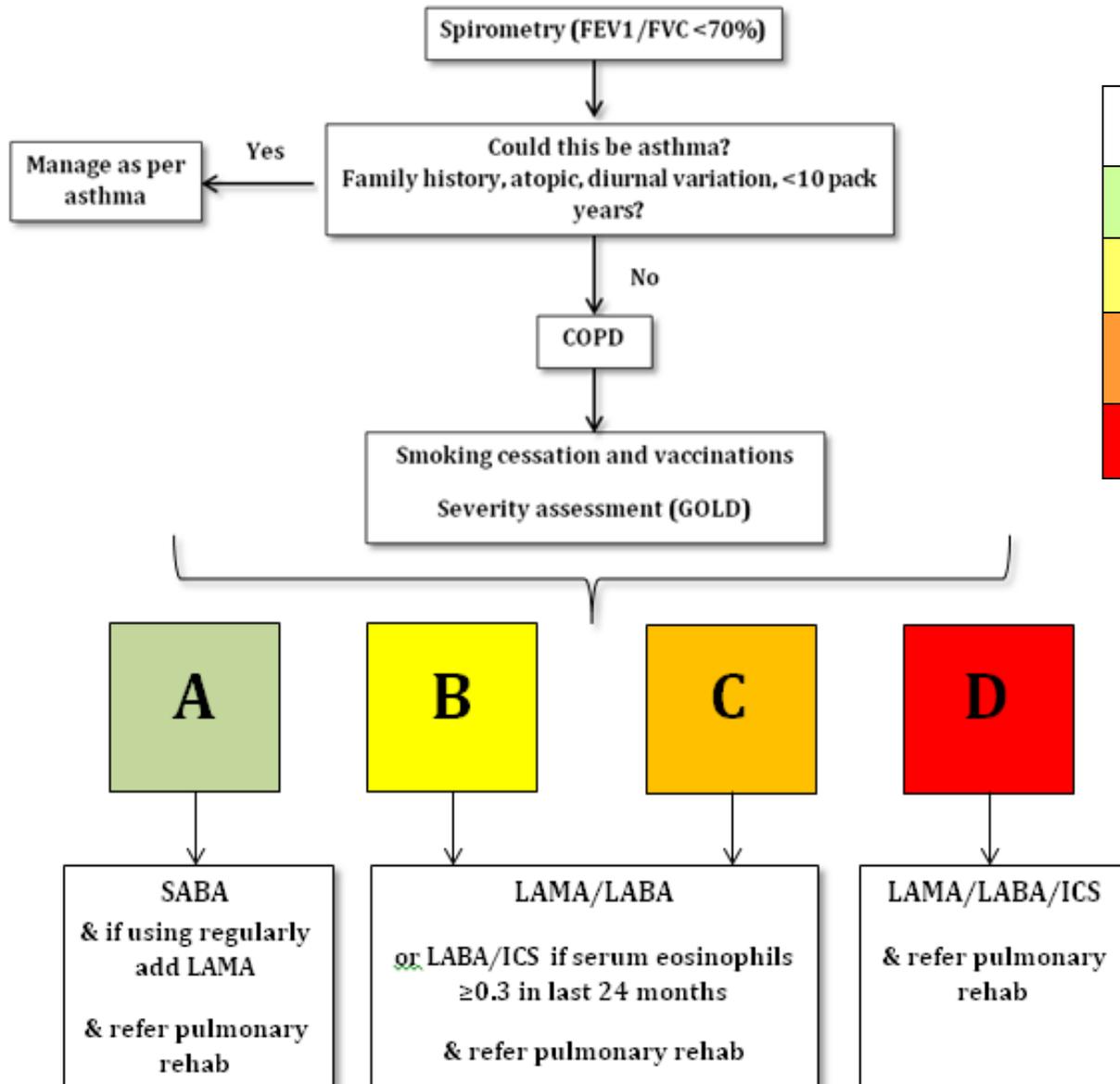


COPD Inhaler Decision Tool



GOLD severity classification

Patient	Characteristic	Exacerbations per year	CAT	mMRC
A	Low risk & Less symptoms	≤1	<10	0-1
B	Low risk & More symptoms	≤1	≥10	≥2
C	High risk & Less symptoms	≥2	<10	0-1
D	High risk & More symptoms	≥2	≥10	≥2

Key points:

- When assessing risk, choose the highest risk according to GOLD grade or exacerbation history
- Patients presenting to hospital with a suspected new diagnosis of COPD/exacerbation should be discharged on B/C inhaled therapies with assessment of severity post discharge in primary care when stable

COPD Inhaler Decision Tool

Important points:

- Choose a device that the patient can use effectively
- Demonstrate and assess technique when prescribing a new device to ensure the patients technique is adequate
- Check concordance and inhaler technique regularly at each visit and before stepping up treatment
- Inhalers must be prescribed using the Trade name (not generically) – you are prescribing a device as well as a drug
- If changing from LAMA to LAMA/LABA: maintain same device as preferred LAMA
- For patients currently on steroid containing inhalers who you think no longer need them, withdraw steroids stepwise and slowly over a 3 month period whilst monitoring symptoms closely (in case they actually have chronic asthma and would therefore need the steroid)
- If there is any suspicion of co-existing asthma, manage according to asthma guidelines
- If prescribing a spacer device please prescribe an "Aerochamber" or the more cost effective "EasyChamber"

		Powder		Particle
	<u>SABA options</u>	Salbutamol easyhaler 200mcg one puff PRN		Salbutamol easibreathe 100mcg 2puffs PRN or Salbutamol MDI 100mcg 2 puffs PRN via spacer
A	<u>LAMA options</u>			
		Seebri Breezhaler one puff once daily	Incruse Ellipta one puff once daily	Spiriva Respimat two puffs once daily
B/C	<u>LAMA/LABA options</u>			
		Ultibro Breezhaler 85/43 one puff once daily	Anoro Ellipta 55/22 one puff once daily	Spiolto Respimat two puffs once daily
	<u>LABA/ICS options</u>			
		Relvar Ellipta 92/22 one puff once daily	Fostair 100/6 two puffs twice daily (via aerochamber)	
D	<u>LAMA/LABA/ICS options</u>			
		Trelegy Ellipta 92/55/22 one puff once daily	Trimbow 87/5/9 two puffs twice daily (via spacer)	