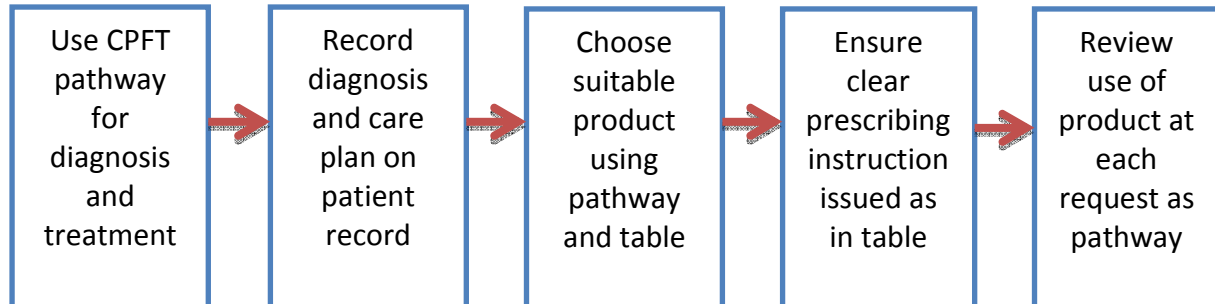


Barrier Preparations

Barrier preparations are indicated as part of the prevention and treatment of skin damage caused by:

- Pressure (pressure ulcers)
- Incontinence (incontinent dermatitis)
- Skin folds (sweat rash)

Prescribing pathway



Choice of preparation

The CPFT pathway and wound formulary should be followed in the vast majority of cases. Exceptions to this are:

- Where Sorbaderm cream or film has been used appropriately and has failed, the Proshield cream plus cleanser system may be requested, as per the CPFT pathway
- Where a patient requires treatment for an indication not on the pathway, the prescriber should select an appropriate preparation from the table, taking licencing and cost into consideration
- Where a product is ordered for another indication or as a second-line treatment, reasons for this choice should be recorded on the request form

Further information

- This guidance is not intended to be used alone for these conditions and augments existing NICE and CPFT guidelines
- Indications and prescribing instructions for use of these products should be clearly documented by care staff and prescribers, as for any other condition and as part of an overall care plan
- Use of products may be indicated for continuation following healing to prevent a relapse of the condition, however the patient should be reviewed regularly and it may be stopped if sufficient other preventative measures are in place
- This guidance does not cover the use of specialist barrier preparations used for stoma care

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Formulary products (first line):

Product	Pack size/ order code	Cost per pack	Application: pressure ulcers/ skin folds	Application: incontinent dermatitis	Other details	Use with incontinence pads?	Use with adhesive dressings?
Sorbaderm barrier cream Where skin is dry and intact	2g x 20 3026	£6.66	Spread a pea-sized amount gently over the affected area once daily.	Spread a pea-sized amount gently over the affected area after every third episode.	Cleanse before use. Use only on intact skin. If skin feels oily, excess product has been applied. Re-apply after dressing changes.	Yes	Yes
	92g 3028	£7.19					
Sorbaderm barrier film Where skin is moist and/ or broken	28ml spr. 3020	£5.99	Apply a thin coat to affected areas once every 2-3 days.	Apply a thin coat to affected areas once every 2-3 days.	Cleanse before use. If skin has a sheen, product does not yet need re-application. If skin is hard, excess product has been applied. Re-apply after dressing changes.	Yes	Yes
	1ml appl. X5 3021	£4.45					
	3ml appl. X5 3022	£7.20					

Non-formulary products (second line):

Product	Pack size/ order code	Cost per pack	Indications	Application instruction	Other details	Use with incontinence pads?	Use with adhesive dressings?
Conotrane cream	100g tube	88p	Simple sweat rash/ skin fold irritation only: second line only.	Apply three to four times daily.	Consider using barrier film/ antifungal first. Cleanse before use. Review healing once daily.	No	No
Proshield system	115g tube	£9.78	Use together as per CPFT pathway: where first line treatments have tried and failed, seek specialist advice.	Apply liberally after each episode.	Cleanse before use. Can be used on intact or broken skin.	Yes	No
	235ml spray	£6.51		Cleanse after each episode.			