

Adult doses of inhaled corticosteroids

ICS	Low dose	Moderate dose	High doses *
Pressurised metered dose inhalers (p MDI)			
Beclometasone dipropionate (BDP)			
Clenil Modulite A spacer device must be used when the total daily dose is 1000 micrograms or greater	100 micrograms Two puffs twice a day	200 micrograms Two puffs twice a day	250 micrograms Two puffs twice a day, or 250 micrograms Four puffs twice a day
Qvar (extrafine) Qvar Easi-breathe	50 micrograms Two puffs twice a day	100 micrograms Two puffs twice a day	100 micrograms Four puffs twice a day
Fluticasone propionate			
Flixotide Evohaler	50 micrograms Two puffs twice a day	125 micrograms Two puffs twice a day	250 micrograms Two puffs twice a day
Dry powder inhalers			
Beclometasone dipropionate (BDP)			
Easyhaler	200 micrograms One puff twice a day	200 micrograms Two puffs twice a day	
Qvar Autohaler	50 micrograms Two puffs twice a day	100 micrograms Two puffs twice a day	100 micrograms Four puffs twice a day
Budesonide			
Easyhaler	100 micrograms Two puffs twice a day	200 micrograms Two puffs twice a day	400 micrograms Two puffs twice a day
Pulmicort Turbohaler	100 micrograms Two puffs twice a day 200 micrograms One puff twice a day	200 micrograms Two puffs twice a day 400 micrograms One puff twice a day	400 micrograms Two puffs twice a day
Fluticasone propionate			
Flixotide Accuhaler	100 micrograms One puff twice a day	250 micrograms One puff twice a day	500 micrograms One puff twice a day
Combination inhalers			
Beclometasone dipropionate (extrafine) with formoterol			
Fostair (pMDI) Fostair (NEXThaler)	100/6 One puff twice a day	100/6 Two puffs twice a day	200/6 Two puffs twice a day
Budesonide with formoterol			
Symbicort Turbohaler	100/6 Two puffs twice a day 200/6 One puff twice a day	200/6 Two puffs twice a day 400/12 One puff twice a day	400/12 Two puffs twice a day
DuoResp Spiromax	160/4.5 One puff twice a day	160/4.5 Two puffs twice a day	320/9 Two puffs twice a day
Fluticasone propionate with formoterol			
Flutiform	50/5, Two puffs twice a day	125/5 Two puffs twice a day	250/10 Two puffs twice a day
Fluticasone propionate with salmeterol			
Seretide Evohaler	50/25 two puffs twice a day	125/25 two puffs twice a day	250/25 two puffs twice a day
Seretide Accuhaler	100/50 one puff twice a day	250/50 one puff twice a day	500/50 one puff twice a day
Fluticasone furoate with vilanterol			
Relvar Ellipta		92/22, one puff once a day	184/22, one puff once a day

High dose is over 800microgram BDP equivalent

Qvar ©: The manufacturer's SPC and the BNF indicate that 100 micrograms of BDP via Qvar products are approximately equivalent to 200–250 micrograms of BDP in standard particle CFC-free inhalers.

Relvar® **Ellipta**® : The manufacturer's SPC states that fluticasone furoate 100 micrograms once daily is approximately equivalent to fluticasone propionate 250 micrograms twice daily.

Grey = non-formulary