

Medicines Optimisation Prescribing Memo

Recommended Blood Glucose Testing Meters, Test Strips and Needles – Implementation plan

Date: 24th March 2014

Memo Number: 05/14

Main Points

- Following a review process including GPs, Consultants and Patients the County Durham and Darlington Area Prescribing Committee have endorsed a list of recommended Blood Glucose meters, strips and needles for inclusion in the joint primary and secondary care formulary. This could potentially save up to £500k per annum across County Durham and Darlington, whilst standardising therapy.
- These meters and strips should be suitable for the majority (80%) of patients. (There still remains the need for “specialist” meters and strips that offer the facility for Carb counting and blood ketone testing for Type 1 diabetics, Pregnancy/Preconception, Pump and transition).

Meter	Test Strip	Price per pack	Company Contact name/Number
Gluko Rx Nexus	Gluko Rx nexus family Blood Glucose Test Strips (One test strip works with all three meters)	£9.95	Avril Blakeley (Gluko Rx) 07880031033 avril@glucorx.co.uk
Gluko Rx mini			
Gluko Rx Voice			
Mylife Pura	Mylife Pura Blood Glucose Test Strips	£9.50	Karan Orlos (Ypsomed) 07557740057 Karan.orlos@ypsomed.com
Supercheck 2	Supercheck 2 test strips	£8.49	Freddi Attwood (Apollo medical Ltd) 07977 037999 supercheck2@btinternet.com
B Braun Omnitest 3	Omnitest 3 Blood Glucose Test Strips	£9.89	Chris Ibbotson (B Braun) 07772115893 Chris.ibbotson@bbraun.com

- GlukoRx fine point needles and BBraun Omnican fine needles, both costing £5.95 for 100 are recommended as the needles of choice in County Durham and Darlington.
- In addition to this, the guideline covering the self-monitoring of blood glucose has been revised to include these products.
- Manufacturers have agreed to supply meters free of charge and practices will receive five of each of the recommended meters direct from the manufacturers as an initial supply in the next couple of weeks (Note – Darlington practices have already received this supply)
- Medicines Optimisation Teams and Manufacturers can support practices with the implementation and changing patients over to the recommended products.
- Further meters and support can be obtained via the company representative listed in the table above.
- In the next few days you will receive some resource documents detailing information on the products to support prescribers and patients, and this will include a summary of the process that was followed to come up with these recommendations.

For further information please check the Medicines Optimisation website www.cddmedicinesmanagement.nhs.uk, email cd-pct.medicines@nhs.net, or telephone 0191 374 4121.